

“APPROVED”
 Head of Department of Hygiene
 PhD, associate professor
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The plan of theoretical and practical lectures on Health Promotion for the students of second course in the spring semester of academic year 2019 – 2020

No.	Topics	Hours, direct contact			Hours, individual work
		Lectures	Practical work	Seminars	
1.	Health Promotion, purpose, objectives, contents.	1	-	1	1
2.	Health communication. Forms and methods of Health Promotion.	1	-	1	1
3.	Unfavourable ecological factors and health promotion.	1	-	1	1
4.	Health promotion in equilibrated nutrition and prevention of food-stuffs contamination.	1	-	1	1
5.	Healthy mode and style of live. Characteristic of population health in function of the level and quality of life of population.	1	-	1	1
6.	Health promotion based on community.	1	-	1	1
7.	Health promotion programs.	1	-	1	1
8.	Health promotion in medical institutions.	1	-	1	1
9.	Particularities of health promotion among children and teenagers.	1	-	1	1
10.	Health promotion and chronic diseases prevention.	1	-	1	1
Total		10	-	10	10
		20			
		30			