

“APPROVED”
Head
of the Hygiene Department
associated professor

_____ **S. Cebanu**

Plan of theoretical lectures and practical works
at the discipline *Nutrition and health* for students of II course of the Faculty of
Medicine no. 2, in the spring semester of the academic year 2019 - 2020

Nr. ord.	Themes	Lectures	Practical works	Hours, individual work
1.	Balanced nutrition. Energy value of nutrition.	2	-	-
2.	Balanced nutrition. The biological value of nutrition.	2	-	-
3.	Biogeochemical provinces and problems of prophylaxis for endemic diseases.	2	2	2
4.	Nutrition of different groups of population.	2	-	-
5.	Food additives and contaminants in foods.	2	2	2
6.	Balanced nutrition and prevention of nutritional diseases.	-	2	2
7.	The mode/lifestyle and quality of life of the population.	-	2	2
8.	Prevention of biological pollution of food – staffs.	-	2	2
Total		10	10	10